



SISTERS SOUP FACTORY

HEART HEALTHY &
DIABETIC FRIENDLY!



Product Order Form

Prince George & Surrounding Area
We sell at several B.C. Markets/Stores

www.sisterssoupfactory.com

Fundraising with Sisters Soup Factory!

Mealtime should be a special time to share your day and connect with family. Sisters Soup Shop understands that life can be hectic! So that's why we developed delicious Dried Soups in a Bag that are full of natural goodness, easy to prepare, and that the kids will enjoy. Each soup package makes a minimum of 8 - 10 servings and will feed 5-6 people generously. And that's not all!

SISTERS SOUPS ARE:

- Family Friendly
- Crock-pot Friendly
- Diabetic Friendly
- Heart Healthy
- LOW Sodium

IT'S SIMPLE!
Just **ADD** water or broth and
desired ingredients and cook!

Product (\$13/each)	Description	Qty
BEEF STROGANOFF	Flavours of mushrooms with sour cream make it irresistibly appealing	
SPLIT PEA	Add your leftover scalloped potatoes, you wont be disappointed.	
CHICKEN RICE	Add 1 can of cream corn and a little cream to create a fabulous Corn Chowder.	
BEEF BARLEY	All time favourite. Use any meat desired.	
LASAGNA SUPREME	Creamy layers of noodles smothered in Italian Sauce, infused with garlic, onion, Italian spices & smothered in cheese....Drool! (Vegan)	
HEARTY LASAGNA 	Especially good with grated cheeses on top and put under the broiler. (Gluten Free, Vegan)	
TOMATO BASIL MACARONI	Flavour of tomatoes, spaghetti sauce & pasta with the perfect blend of herbs and spices.	
CHICKEN NOODLE	Soothes the soul!	
MULLIGATAWNY	It combines rice, peas, lentils, curry, sweet spices, potatoes, apples & cream or coconut milk for a nice Indian inspired soup. (Gluten Free, Vegan)	
CHUCKWAGON CHILI	There's just something about the combination of tomatoes, chili powder, peppers, beans and meat that I adore. (Gluten Free, Vegan)	
COCONUT CURRY	A creamy, slightly spicy, Indian flavoured soup. Very nice with chicken, scallops, shrimp or any white seafood or meat. (Gluten Free/Vegan)	
MEXICAN TACO	Top with avocado, sour cream, grated cheese and serve with nachos. (Gluten Free/Vegan)	
RICE PUDDING (Dessert)	You can use any type of milk...Almond, Coconut, Soy, etc. (Gluten Free)	
		Total Quantity
		Please multiply Qty by unit price
		Unit Price (\$13/ea) x \$13
		TOTAL COST

CUSTOMER NAME _____	ORGANIZATION/CONTACT NAME _____ Chelsea Handford-PSG Chair
EMAIL _____ TEL _____	TEL _____ N/A _____ EMAIL <u>psgicschool@gmail.com</u>
CASH _____ CHEQUE _____ MAKE CHEQUE'S PAYABLE TO _____ RCEC IC School	SELLER'S NAME _____ DIV _____
_____ Debit/Credit (IN-OFFICE)	START DATE _____ Nov 3rd _____ END DATE _____ Nov 15th _____

PLEASE VISIT OUR WEBSITE AT WWW.SISTERSOUPFACTORY.COM FOR MORE INFORMATION!

_____ School Website: Select 'Pay ONLINE'- Fall Fundraiser OR _____ E-transfer icsaccounting@cispg.ca