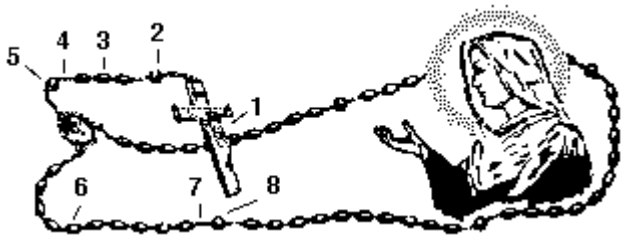


**How To Pray The Rosary** — The Rosary is a prayer that is part of the Catholic tradition prayed in honour of Mary, the Mother of Jesus. There are twenty mysteries reflected upon in the Rosary, and these are divided into the five [JOYFUL MYSTERIES](#), the five [LUMINOUS MYSTERIES](#), the five [SORROWFUL MYSTERIES](#), and the five [GLORIOUS MYSTERIES](#). (see over for the list of mysteries). **Each mystery is a story from the life of Jesus.**

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The Rosary Beads

1. Make the **Sign of the Cross** and say the "[Apostles' Creed.](#)"
2. Say the "[Our Father.](#)"
3. Say three "[Hail Marys.](#)"
4. Say the "[Glory be to the Father.](#)"
5. Announce the First Mystery; then say the "[Our Father.](#)"
6. Say ten "[Hail Marys,](#)" while meditating on the Mystery.
7. Say the "[Glory be to the Father.](#)"
8. Announce the Second Mystery; then say the "[Our Father.](#)" Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.



After the Rosary:

**HAIL, HOLY QUEEN**, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

# *The Mysteries of the Rosary*

## *The Joyful Mysteries*

1. The Annunciation of the birth of our Lord to Mary.
2. The Visitation of Mary to her cousin Elizabeth.
3. The Birth of Our Lord Jesus Christ.
4. The Presentation of Our Lord in the Temple.
5. The Finding of Jesus in the Temple (when he was 12 years old).

## *The Sorrowful Mysteries*

1. The Agony in the Garden of Gethsemane (before Jesus was arrested).
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion and Death of Jesus.

## *The Glorious Mysteries*

1. The Resurrection of Jesus from the dead.
2. The Ascension (Jesus being taken up into heaven).
3. The Coming of the Holy Spirit.
4. The Assumption of Mary into Heaven.
5. The Crowning of Mary as Queen of Heaven.

## *The Mysteries of Light*

1. The Baptism of Jesus .
2. The Wedding Feast at Cana (Jesus' first miracle).
3. Jesus proclaims the Kingdom.
4. The Transfiguration.
5. The Last Supper.

