



Immaculate Conception School

3285 Cathedral Avenue, Prince George, B.C. V2N 5R2 • Phone (250) 964-4362 • Fax (250) 964-9465
Email: icsoffice@cispg.ca • www.icschool.ca

Sept 9, 2022

Dear Parents:

Welcome back! I am excited that our new season of athletics is underway. Our first sports activity of the year is cross-country running. The meets are open to all students in Grades 2 through 7 and are a great way to keep our KODIAK spirit high and our students active. Our school will be hosting the annual Kodiak Country Meet on Wednesday, October 5th. There is the possibility of travelling to another school for a meet, but I have not heard anything concrete yet.

For younger runners (Grades 2, 3, and 4); the route is not more than 1 km in length. For older students, the route is not more than 2km. We will be practicing during lunch hours on Mondays, Tuesdays and Thursdays.

Our school runs an excellent cross-country meet. This is due to our many volunteers. The feedback on our meets is extremely positive and I am looking forward to hosting again this year. We will once again need some parent volunteers to ensure that the meet runs smoothly. Our meet runs after school and is usually finished by 4:30 at the latest. If you are able to help on October 5th, please indicate so below.

Thank you,

K. Ames

PLEASE RETURN THIS PORTION TO THE SCHOOL BY September 14th.

I give permission for my child, _____, to join the school cross country team.

I will/will not be available to help with Kodiak country meet on October 5th (circle one)

E-mail address (if able to volunteer) _____

Signature of Parent/Guardian